# **Meditate and Meditation**

Subject: "Meditate and Meditation" in the Bible:

## "Meditate": From "Strong's Exhaustive Concordance"

Commune, complain, declare, meditate, muse, pray, speak, talk with. A primitive root; to ponder, i.e. (by implication) converse (with oneself, and hence, aloud) or (transitively: One **meditated** on a saying.) utter — commune, complain, declare, meditate, **muse**, pray, speak, talk (with).

- •MUSE: verb intransitive Latin musso and mussito, to mutter or murmur... The Greek signifies to press, or utter sound with the lips compressed. Latin mussitatio: The word then primarily denotes what we call humming, to hum, as persons do when idle, or alone and steadily occupied and pondering.
  - Genesis 24:63 KJV
- **63** And Isaac went out to **meditate** in the field at the eventide: and he lifted up his eyes, and saw, and, behold, the camels were coming.
  - Joshua 1:8 KJV
- 8 This book of the law shall not depart out of thy mouth; but thou shalt **meditate** therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.
  - Psalm 1:2 KJV
- 2 But his delight is in the law of the LORD; and in his law doth he **meditate** day and night.
  - Psalm 63:6 KJV
- **6** When I remember thee upon my bed, and **meditate** on thee in the night watches.
  - Psalm 77:12 KJV
- **12** I will **meditate** also of all thy work, and talk of thy doings.
  - Psalm 119:15 KJV
- **15** I will **meditate** in thy precepts, and have respect unto thy ways.
  - Psalm 119:23 KJV
- 23 Princes also did sit and speak against me: but thy servant did **meditate** in thy statutes.
  - Psalm 119:48 KJV
- **48** My hands also will I lift up unto thy commandments, which I have loved; and I will **meditate** in thy statutes.

#### Harvest

Psalm 119:78 KJV

**78** Let the proud be ashamed; for they dealt perversely with me without a cause: but I will **meditate** in thy precepts.

Psalm 119:148 KJV

**148** Mine eyes prevent the night watches, that I might **meditate** in thy word.

### Psalm 143:5 KJV

5 I remember the days of old; I meditate on all thy works; I muse on the work of thy hands.

- **Muse** in this Scriptures case, seems to mean: To be steadily occupied and pondering, and saying or speaking to one's self in a thoughtful manner.
  - 1 Timothy 4:15 KJV

**15 Meditate** upon these things; give thyself wholly to them; that thy profiting may appear to all.

Greek: **Meletao (Meditate):** used of the Greeks of the meditative pondering and the practice of orators and rhetoricians.

**RHETORI'CIAN**, *noun (from Rhetoric:* The art of speaking with propriety, elegance and force.) *Propriety*: conformity to established standards of good or proper behavior or manners. *Orator:* One who speaks in public.

#### RHETORI'CIAN:

- **1.** One who teaches the art of rhetoric, or the principles and rules of correct and elegant speaking...
- 2. One well versed in the rules and principles of rhetoric.
- **3.** An orator.
  - <u>Joshua 1:8 KJV</u> (Repeating)

**8** This book of the law shall not depart out of thy mouth; but thou shalt **meditate** therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

## "Meditation" in the Bible:

(What one is meditating upon, or the act of meditating)

### Harvest

- Psalm 5:1 KJV
- 1 Give ear to my words, O LORD, consider my **meditation**.
  - Psalm 19:14 KJV
- **14** Let the words of my mouth, and the **meditation** of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer.
  - Psalm 49:3 KJV
- **3** My mouth shall speak of wisdom; and the **meditation** of my heart shall be of understanding.
  - Psalm 104:34 KJV
- **34** My **meditation** of him shall be sweet: I will be glad in the LORD.
  - Psalm 119:97 KJV
- 97 O how love I thy law! it is my meditation all the day.
  - Psalm 119:99 KJV
- **99** I have more understanding than all my teachers: for thy testimonies are my **meditation**.